



OCEAN BEACH CLUB

Menu



Savor The Flavor
CHEF RECOMMENDED



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pullman
HOTELS AND RESORTS
PULLMAN KARON BEACH RESORT

CHEF RECOMMENDED



Spicy Yellow Fin Tuna Tacos 400

Soft Tortilla, Guacamole, Pico De Gallo, Red Cabbage
 酥黃鱈魚片、墨西哥玉米粉、紅玉米泥、特製醬、茄汁干蔥、紅卷心菜

Good Food is Good Mood

At Ocean Beach Club



Simply the Smashed 500

Wagyu Beef, White Cheddar & Onions,
 Lettuce & Tomato 澳洲和牛、白切達蘭斯、洋蔥、生菜和蕃茄



Asian Pear & Baby Green Salad 350

Walnuts, Pomegranate, Shaved Parmesan Cheese
 & Honey Balsamic Dressing

亞洲梨、青豆沙拉、核桃、石榴、碎瑪拿士和特製蜜糖醬



Crispy Coconut Pop Corn Shrimp 350

Sweet & Sour Passion Fruit Aioli, Macadamia Nuts
 脆粉玉米粉、酸柑汁、椰菜、夏威夷果、澳洲和牛



Grilled Octopus & Sundried Tomato 500

Octopus, Pickled Onion, Sun Dried Tomato & Garlic Butter
 烤章魚、干蔥、酸菜、乾洋蔥、晒干番茄和大蒜黃油



Black Angus New York Strip Loin 900

黑色安格斯紐約長腰肉

OCEAN BEACH CLUB

Dining



LIGHT & REFRESHING 爽口开胃

Marinated Watermelon Salad     **300**
Drunken Feta Cheese, Kalamata Olive, English Cucumber, Fresh Lime Juice & Extra Virgin Olive Oil
腌瓜沙拉: 醉羊乳酪, 卡拉马塔橄榄, 英国黄瓜, 新鲜酸橙汁和特级初榨橄榄油 | Cal 250 Pro 3g Fat 10g Carb 40g 卡路里250 蛋白质 3g脂肪10g 碳水40g

Asian Pear & Baby Green Salad    **350**
Walnuts, Pomegranate, Shaved Parmesan Cheese & Honey Balsamic Dressing
亚洲梨&青菜沙拉: 核桃, 石榴, 帕玛森芝士和蜂蜜香醋酱 | Cal 350 Pro 10g Fat 20g Carb 35g 卡路里350 蛋白质10g脂肪20g 碳水35g

Fresh Vegetarian Thai Spring Rolls     **280**
Vermicelli Noodles, Tamarind, Coriander, Basil & Thai Chili Sauce
新鲜素食式春卷: 透明细粉, 罗望子, 香菜, 罗勒和泰国辣椒酱 | Cal 350 Pro 15g Fat 15g Carb 45g 卡路里350 蛋白质15g脂肪15g 碳水45g

Peppered Ocean Trout Salad    **700**
Mixed Greens, Grilled baby Artichokes, Cured Red, Onion, Tomato, Avocado Oil & Pink Grapefruit Vinaigrette
胡椒海洋鲑鱼沙拉: 混合青菜, 烤洋菊, 腌红, 洋葱, 番茄, 牛油果油和粉红葡萄酒醋汁 | Cal 600 Pro 50g Fat 20g Carb 30g 卡路里600 蛋白质50g脂肪20g 碳水30g

Caesar Salad  **300**
Baby Romain Lettuce, Aged parmesan Cheese & Brioche Crotons
凯撒沙拉: 小罗马生菜, 陈年帕尔马干酪&布里奥什克朗 | Cal 450 Pro 15g Fat 25g Carb 45g 卡路里450 蛋白质15克 脂肪25克 碳水化合物45克

Arugula Salad  **300**
Baby Tomatoes, Cucumber, Feta Cheese, Balsamic Vinaigrette
芝麻菜沙拉: 小番茄, 黄瓜, 菲达奶酪, 香醋 | Cal 340 Pro 15g Fat 25g Carb 45g 卡路里348 蛋白质15克 脂肪25克 碳水化合物45克

Yellowfin Tuna Tartare   **500**
Lemon, Caper Berry, Chive, Extra Virgin Olive Oil & Grilled Baguette
黄鳍金枪鱼黑油: 柠檬, 刺山柑, 香葱, 特级初榨橄榄油和烤法棍 | Cal 450 Pro 50g Fat 25g Carb 20g 卡路里250 蛋白质 3g脂肪10g 碳水40g

SMALL BITES 小食

Crispy Coconut Pop Corn Shrimp      **350**
Sweet & Sour Passion Fruit Aioli, Macadamia Nuts
脆椰玉米虾: 酸甜百香果蛋黄酱, 澳洲坚果 | Cal 350 Pro 30g Fat 20g Carb 30g 卡路里350 蛋白质30g脂肪20g 碳水30g

Grilled Chicken Satay   **300**
Peanut Sauce 烤鸡肉沙爹: 花生酱 | Calories: 400 Protein: 40 grams Fat: 40 grams Carb: 20 grams Fiber: 5-10

Balsamic Soaked Portobello Mushrooms   **350**
2 Grilled Mushrooms, Roasted Piquillo Peppers, Sea Salt & Queso Fresco
波托贝洛蘑菇浸香醋: 2烤蘑菇, 烤皮奎罗椒, 海盐和干酪 | Cal 250 Pro 15g Fat 10g Carb 25g 卡路里250 蛋白质15g 脂肪10g 碳水化合物25g

Wagyu Beef Cheek & Raclette Sliders  **400**
Sweet & Sour Jicama Slaw 和牛颊&奶酪块: 酸甜豆薯沙拉
Cal 500-600 Pro 40-50g Fat 30-40g Carb 20-30g | 卡路里500-600 蛋白质40-50g脂肪30-40g 碳水20-30g

Siracha & Honey Chicken Wings   **350**
Free Range Chicken & Grilled Phuket Pineapple
是拉差&蜂蜜风味鸡翅: 散养鸡&烤制的普吉岛菠萝 | Cal 500-600 Pro 40-50g Fat 30-40g Carb 20-30g 卡路里500-600 蛋白质40-50g脂肪30-40g 碳水20-30g

Loaded Sweet Potato Fries    **300**
Pickled Jalapeno, Red Onion, Avocado, Scallions, & Aged Cheddar Cheese. Greek Yoghurt Dipping Sauce
甜薯薯条: 腌制墨西哥辣椒, 红洋葱, 鳄梨, 大葱, 陈年切达奶酪。希腊酸奶蘸酱 | Cal 600 Pro 15g Fat 35g Carb 60g 卡路里600 蛋白质15g脂肪35g 碳水60g

Steamed French Mussels     **480**
White Wine & Garlic Butter Grilled Ciabatta Bread
法式清蒸贻贝: 白葡萄酒搭配黄油大蒜烤意式面包 | Cal 600 Pro 45g Fat 15g Carb 25g 卡路里600 蛋白质45g脂肪15g 碳水25g

SMASHED WAGYU BURGERS & SANDWICHES

和牛汉堡 & 三明治

2 100% Australian Wagyu Patties Served on Brioche with Fries & Napa Cabbage Slaw
100%澳大利亚和牛肉饼配薯条和纳帕卷心菜沙拉

Simply the Smashed   **500**
Wagyu Beef, White Cheddar & Onions, Lettuce & Tomato
简单汉堡: 和牛, 白切达奶酪, 洋葱, 生菜和番茄 | Cal 800 Pro 70g Fat 50g Carb 40g 卡路里800 蛋白质70g脂肪50g 碳水40g

Spicy Smasher   **500**
Chili Aioli, Pickled Jalapeno, Portobello Mushroom & White Cheddar Cheese
辣堡: 辣椒蒜泥蛋黄酱, 腌墨西哥辣椒, 波多贝罗蘑菇和白切达奶酪 | Cal 900 Pro 70g Fat 60g Carb 45g 卡路里850 蛋白质65g脂肪50g 碳水50g

Still Fancy After Smashed    **500**
Avocado, Fried Egg, Tomato, Bibb Lettuce & Truffle Camembert
死而后生堡: 牛油果, 煎蛋, 番茄, 莴苣和松露卡门贝尔奶酪 | Cal -850 Pro 65g Fat 50g Carb 50g 卡路里850 蛋白质65g脂肪50g 碳水50g

A Bit Messy BBQ Bacon & Blue   **500**
Hydroponic Tomatoes Bib Lettuce & Danish Blue Cheese
烤培根BBQ&蓝芝士堡: 水培番茄, 生菜和丹麦蓝纹奶酪 | Cal 950 Pro 75g Fat 65g Carb 40g 卡路里950 蛋白质75g脂肪65g 碳水40g

OBC Club Sandwich  **350**
Smoked Chicken Breast, Bacon, White Cheddar Cheese, Lettuce, Tomato
OBC俱乐部三明治: 烟熏鸡胸肉, 培根, 白切达奶酪, 生菜, 番茄 | Cal 540 Pro 50g Fat 30g Carb 40g 卡路里540 蛋白质50克 脂肪30克 碳水化合物40克

Grilled Ham & Cheese  **350**
Paris Ham, Aged Gouda & White Cheddar Cheese
烤火腿 & 芝士: 巴黎火腿, 陈年豪达 & 白切达奶酪 | Cal 550 Pro 50g Fat 40g Carb 40g 卡路里550 蛋白质50克 脂肪40克 碳水化合物40克



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 **pullman**
HOTELS AND RESORTS
PHUKET KARON BEACH RESORT

-  Vegetarian  Shellfish  Fish  Nut  Pork  Spicy  Gluten Free  Gluten  Signature  Celery  Seafood  Halal
 Contains Dairy  Eggs  Healthy  Lactose Free  Mustard  Alcohol  Local Product  Vegan  Sustainably Farmed

OCEAN BEACH CLUB

Dining



EVERYTHING IS POSSIBLE 一切皆有可能

Impossible Burger    	500
100% Vegan, Avocado, Mushroom, Tomatoes, Lettuce, Spicy Tomato Jam, French Fries 不可能汉堡: 100%纯素, 牛油果, 蘑菇, 西红柿, 生菜, 辣番茄酱, 薯条 Cal 450 Pro 30g Fat 25g Carb 40g 卡路里450 蛋白质30g脂肪25g 碳水40g	
Impossible Tacos    	500
Vegan Soft Tortilla, Guacamole, Pico De Gallo, Red Cabbage 不可能墨西哥玉米薄饼卷: 素食软玉米饼, 鳄梨酱, 皮科德加洛, 红卷心菜 Cal 450 Pro 25g Fat 20g Carb 30-35g 卡路里450 蛋白质25g脂肪20g 碳水30-35g	

OVEN ROASTED FLATBREADS 烤面饼

Grilled Octopus & Sundried Tomato  	500
Octopus, Pickled Onion, Sun Dried Tomato & Garlic Butter 烤章鱼和干番茄: 章鱼, 腌洋葱, 晒干番茄和大蒜黄油 Cal 450 Pro 40g Fat 25g Carb 35g 卡路里450 蛋白质40g脂肪25g 碳水35g	
Spicy Pulled Chicken & Sweet Pepper Flatbread 	450
Roasted Spanish Piquillo Peppers, Avocado, Mozzarella 辣拉鸡和甜椒面饼: 烤西班牙皮奎略辣椒, 牛油果, 马苏里拉奶酪 Cal 450 Pro 30g Fat 25g Carb 35g 卡路里450 蛋白质30g脂肪25g 碳水35g	
Grilled Mushroom & Heirloom Tomato    	450
Pomodoro, Fresh Mozzarella, Extra Virgin Olive Oil 烤蘑菇&西红柿: 番茄卷, 新鲜马苏里拉奶酪, 特级初榨橄榄油 Cal 420 Pro 10g Fat 20g Carb 40g 卡路里420 蛋白质10g脂肪20g 碳水40g	
Quattro Formaggi Flatbread    	550
Truffle Camembert, Aged Parmesan, Raclette, Mozzarella, Roasted Garlic 四种弗拉特布莱德奶酪: 松露卡门培尔干酪, 陈年帕尔玛干酪, 费切特干酪, 马苏里拉干酪, 烤大蒜 Cal 550 Pro 40g Fat 35g Carb 40g 卡路里550 蛋白质40g脂肪35g 碳水40g	
Soppressata Salami & Bocconcini Mozzarella  	480
Spicy Pomodoro & Thai Basil 萨拉米和莫兹拉: 辣番茄茄和泰式罗勒 Cal 420 Pro 35g Fat 25g Carb 25g 卡路里420 蛋白质35g脂肪25g 碳水25g	

FARMED & FISHED 养殖和捕捞

Beer Brined & Charred Free Range Chicken Quarters    	450
Truffled Mac & Cheese, White BBQ Sauce, Onion Rings 啤酒卤制烧鸡: 松露芝士通心粉, 白烧烤酱, 洋葱圈 Cal 550 Pro 50g Fat 30g Carb 40g 卡路里550 蛋白质50g脂肪30g 碳水40g	
Pan Roasted Sable Fish    	800
Japanese Pumpkin, Citrus Miso Dressing 平底锅烤黑貂鱼: 日本南瓜, 柑橘味噌酱 Cal 450-500 Pro 40-45g Fat 20-25g Carb 20-25g 卡路里450-500 蛋白质40-45g脂肪20-25g 碳水20-25g	
Seafood Strozzapreti Pasta    	650
Caramelized Diver Scallops, French Mussels, Garlic, Basil & White Wine 紫虾色拉: 柚子, 腌墨西哥辣椒, 百香果和初榨橄榄油 Cal 550 Pro 30-40g Fat 25-35g Carb 40-50g 卡路里550 蛋白30-40g脂肪25-35g 碳水40-50g	
Charred Spanish Octopus    	600
Smoked Chili Powder, Caramelized Baby Potato, Spicy Lemon Aioli 烧西班牙章鱼: 烟熏辣椒粉, 焦糖小土豆, 辛辣柠檬蒜泥蛋黄酱 Cal 550-600 Pro 45-50g Fat 25-30g Carb 30-35g 卡路里550-600 蛋白45-50g脂肪25-30g 碳水30-35g	
Spicy Yellow Fin Tuna Tacos    	400
Soft Tortilla, Guacamole, Pico De Gallo, Red Cabbage 辣黄鳍金枪鱼玉米卷: 软玉米饼, 鳄梨酱, 加洛干酪, 红卷心菜 Cal 450 Pro 40g Fat 20g Carb 35g 卡路里450 蛋白质40g脂肪20g 碳水35g	

OBC STEAKS

The Ocean Beach Club Specializes in Humanly Raised, Organic & Certified Black Angus farmed here in Thailand. The OBCs Serves Prime Quality Steaks That have been Grain Fed for a Minimum of 280 Days & from our partners at Khun Ta Farms Black Angus.

Ocean Beach Club在泰国专门从事人工饲养, 有机和认证的黑安格斯养殖。OBC来自自合作伙伴Khun Ta的黑安格斯农场, 为您供应优质、至少超 280天谷物喂养的优质肉排

Black Angus New York Strip Loin (220 gm)	900
Choose One Side 黑色安格斯纽约长腰肉 (220克): 可选择一份配菜 60 grams of protein 60克蛋白质	
Black Angus Rib Eye (300 gm)	2,300
Choose One Side 黑安格斯肋眼(300克): 可选择一份配菜 55 grams of protein55克蛋白质	
Certified Black Angus Tomahawk Steak (1.3kg)	3,990
Pick Two Sides 认证黑安格斯战斧牛排(1.3 KG): 可选择两份配菜 325 grams of protein325克蛋白质g	
Grass-fed free-range New Zealand Lamb Rack	2,000
Choose One Side 草饲自由放养新西兰羊架: 2可选择一份配菜 40 grams of protein 40克蛋白质	

All Ocean Beach Club Steaks are served with a choice of one sauce (Additional sauce 60 Baht each)

• Wild Mushroom Bordelaise | • Cabernet Red Wine Glace | • Green Pepercorn Demi Glace | • Thai Style CryingTiger | • Hickory BBQ
所有的海洋海滩俱乐部牛排都配有: 酱料任选一种 (另加酱料每种60铢) •野蘑菇波尔多干酪 •赤霞珠红酒糖霜 •绿胡椒半覆钵 •泰式吴虎 •山核桃烧烤

And a choice of one side from the below list

• Truffled Mac & Cheese | • Grilled Organic Asparagus | • Grilled Portobello Mushrooms | • French Fries
• Sweet Potato Fries with Greek Yoghurt Dip | • Grilled Sweet Peppers

IT'S ALL ABOUT THE SIDES 配菜

Truffled Mac & Cheese 松露奶酪通心粉 Cal 400 Pro 10 gm fat 20 gm Carb 25g 卡路里400 蛋白10g脂肪20g 碳水25g 	200
Grilled Organic Asparagus 烤有机芦笋 Cal 70 Pro 3g Fat 5g Carb 15g 卡路里70 蛋白3g脂肪5g 碳水15g 	200
Grilled Portobello Mushrooms	200
烤波多贝罗蘑菇 Cal 200-250 Pro 10-15g Fat 5-10g Carb 20g 卡路里200-250 蛋白10-15g脂肪5-10g 碳水20g	
French Fries 薯条 300 Pro 10g Fat 20g Carb 35g 卡路里200 蛋白10g脂肪20g 碳水35g	180
Sweet Potato Fries with Greek Yoghurt Dip	220
甘薯薯条配希腊酸奶蘸料 Cal 220 Pro 10 Fat 20 Carb 45 卡路里220 蛋白10g脂肪20g 碳水45g	
Grilled Sweet Peppers 烤甜椒 Cal 150 Pro 2g Fat 5gm Carb 5gm 卡路里150 蛋白2g脂肪5g 碳水5g	200

OCEAN BEACH CLUB

Dining



PAD THAI EXPERIENCE 泰式炒河粉体验

Pick a level of heat between 1 (easy) and 5 (painful) 选择1 (轻松) -5 (特殊) 等级辣度

No Animals Harmed Vegan Pad Thai 300

Organic Vegetables, Peanuts, Tofu, Tamarind, Lime, Sprouts & Red Chili
无动物伤害素食泰式炒粉: 有机蔬菜, 花生, 豆腐, 罗望子, 酸橙, 豆芽和紅辣椒

Traditional Pad Thai 500

Chicken, Jumbo Tiger Prawn, Glass Noodles, Peanuts, Tamarind & Bean Sprouts

妈妈食谱! 传统泰式炒河粉: 鸡肉, 大虎虾, 玻璃面, 花生, 罗望子, 豆芽
Cal 400-450 Pro 35-40g Fat 15-20g Carb 45-50g 卡路里400-450 蛋白35-40g脂肪15-20g 碳水45-50g

Lobster Pad Thai 1,600

One Whole Lobster, Glass Noodles, Peanuts Tamarind & Bean Sprouts

泰式龙虾炒粉 市价: 一整只龙虾, 粉丝, 花生, 罗望子和豆芽
Cal 750 Pro 35-40g Fat 15-20g Carb 45-50g 卡路里750 蛋白35-40g脂肪15-20g 碳水45-50g

DESSERT 甜点

Baked Alaska 300

Toasted Meringue Sponge Cake, Strawberry, Chocolate & Vanilla Ice Cream

烤阿拉斯加烤: 烤马姆海姆蛋糕, 草莓, 巧克力&香草冰淇淋

Mango & Passion Fruit Yoghurt Mousse Cake 280

Fresh Phuket Fruit, Greek Yoghurt

芒果&百香果酸奶慕斯蛋糕: 新鲜普吉岛水果, 希腊酸奶

Mango Sticky Rice Cheese Cake 280

芒果糯米芝士蛋糕 | Cal 250 Pro 5-10g Fat 15-20g Carb 25-30g 卡路里250 蛋白5-10g脂肪15-20g 碳水25-30g

Vanilla Creme Caramel Dairy 280

Madagascar Vanilla Bean Baked Custard 香草焦糖布丁: 马达加斯加香草豆烤蛋奶冻

Chocolate Frangipane Tart 280

Warm Banana Caramel Sauce 巧克力蛋挞: 热香蕉焦糖酱

Tropical Fruit Montage 220

Hand selected island fruits with Yoghurt & Mint 热带水果蒙太奇: 手工挑选的岛屿水果与酸奶和薄荷

Cal 220 Pro 2-3g Fat 0-5g Carb 45-50g 卡路里220 蛋白2-3g脂肪0-5g 碳水化合物45-50g

KIDS MENU

KIDS CUISINE 儿童菜单

Crispy Chicken Nuggets 250

French fries, Barbecue sauce 脆皮鸡块: 炸薯条、烧烤酱

Spaghetti Bolognese 250

Ground Beef, Tomato Sauce 肉酱意大利面: 碎牛肉、番茄酱

Grilled Cheese & French Fries 220

Cheddar Cheese, Ciabatta Bread 烤起司和炸薯条: 切達乾酪、夏巴塔麵包

Macaroni & Cheese 250

通心粉和起司

Margherita Flat Bread 220

Tomato Sauce, Stretchy Cheese 玛格丽特比萨: 马苏里拉奶酪、罗勒、番茄酱

The Little Smasher 250

Smash Burger, Cheddar Cheese, French Fries 儿童汉堡: 砸碎的汉堡、切达奶酪、番茄、沙拉或炸薯条

Steamed Fish 300

Steamed Fish, Rice, Vegetable 田园蔬菜炒饭

Grilled Chicken Breast 250

Mashed Potato, Grilled vegetables 烤鸡胸肉: 土豆泥、烤蔬菜

Not So Spicy Chicken Pad Thai 250

Bean Sprouts, Tamarind, Peanuts 不太辣的泰式鸡肉炒河粉: 豆芽、罗望子、花生

DESSERT 甜点

Kids Tropical Fruit Plate 200

水果盤

Kids Ice Cream Sundae 250

聖代冰淇淋



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HOTELS AND RESORTS
PHUKET KARON BEACH RESORT

Vegetarian Shellfish Fish Nut Pork Spicy Gluten Free Gluten Signature Celery Seafood Halal
 Contains Dairy Eggs Healthy Lactose Free Mustard Alcohol Local Product Vegan Sustainably Farmed

Please let us know if you have any allergies or dietary requirements. | Price are in Thai Baht and exclude 7% VAT and 10% service charge.

COMBO SET LUNCH

AVAILABLE EVERY DAY FROM 11 AM TO 3 PM

CHOOSE 2 ITEMS FOR THB650

CHOOSE 3 ITEMS FOR THB800

Served with Complimentary Tea or Coffee

CHOOSE ONE

- **Marinated Watermelon Salad**   

Drunken Feta Cheese, Kalamata Olive, Cucumber, Fresh Lime Juice, Extra Virgin Olive Oil

- **Fresh Vegetarian Thai Spring Rolls**  

Vermicelli Noodles, Tamarind, Coriander, Basil, Thai Chili Sauce

- **Chick Pea & Kashmiri Chili Samosa**   

Pickled Vegetable, Tamarind, Spicy Mint Sauce Tropical Fruit Montage

CHOOSE ONE

- **Steamed French Mussels**  

White Wine, Garlic Butter Grilled Ciabatta Bread

- **Spicy Yellow Fin Tuna Tacos**  

Soft Tortilla, Guacamole, Pico De Gallo, Red Cabbage

- **Smashed as a Standard**   

2 smash Patties, American Cheese, Smoked Bacon, Garlic Aioli

- **Baby Spinach & Heirloom Tomato**  

Eggplant Caponata, Fresh Mozzarella, Extra Virgin Olive Oil

CHOOSE ONE

- **Frozen Mango Lassi** 

Soft Serve Style, Cardamom, Greek Yoghurt

- **Pineapple Panna Cotta with Coconut Macaroon** 

- **Tropical Fruit**

Hand Selected Island Fruits, Yoghurt, Mint



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